

HOPESIDE

HOPE ON YOUR SIDE



WELLBAY

TRAINING & RECREATION
MIND | BODY | SPIRIT



Well Being

WELLBAY will be a training and recreation center to promote the well-being of Mind, Body and Spirit through free and lower cost high tech job training and more, thus promoting wholesome values in the local communities.

Avl. Venue: Ed. Bldg. of Calverton Baptist Church
12625 Galway Drive, Silver Spring, MD 20904
WELLBAY.ORG | 301 576 2611 | HOPESIDE.ORG
Donate: www.gofundme.com/hopeside

Note: WELLBAY launch is contingent on meeting funding requirements.



Worship: Every Saturday 10:30am-1pm

Life Instructions			
Have fun	Do not hurt people	Do not accept defeat	Strive to be happy

CURRENT FREE TRAINING CLASSES

(No Pre-Conditions)

Every Thursday | 301 576 2611

6pm-7pm – M101: Piano (Basic – Advanced)

7pm-8pm – C101: Computers (Basic – Advanced)

Must pre-notify by email to: register@hopeside.org

More info: www.hopeside.org/train

WELLBAY

Supporter Sign Up!

Name: _____

Address: _____

City: _____ State: _____ Zip _____

EM: _____

Tel: _____

Check all that apply:

I would like to make a one time donation in the amount of _____

I would like to make a monthly donation in the amount of _____

I would like to subscribe to your newsletter.

I would like to buy SOULNUTS (Shelled Boiled Peanuts) frequently. **Order via www.soulnuts.com**

Note: Boiled peanuts are 4 times healthy than roasted or fried peanuts. Scientifically proven to help in reducing the risk of diabetes, cancer, and heart attacks. You can snack this often anytime. See here for proof: www.soulnuts.com/proof